

**APPLICATION FOR EMPLOYMENT**

**Cardinal Fitness of \_\_\_\_\_**  
*Hereinafter "Cardinal Fitness"*

Cardinal Fitness is an Equal Opportunity Employer and considers all persons for all positions without regard to race, color, religion, gender, national origin, age, marital status, disability, sexual orientation, or any other legally protected status. Cardinal Fitness complies with the requirements of reasonable accommodation as per the Americans with Disabilities Act.

Date of application \_\_\_\_\_ Date available for work \_\_\_\_\_

Name \_\_\_\_\_

Current Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Are you 18 years of age or older? \_\_\_\_\_ Yes \_\_\_\_\_ No

Are you authorized to work in the United States? \_\_\_\_\_ Yes \_\_\_\_\_ No

**POSITION APPLIED FOR** (The descriptions of the positions listed below are only intended to be brief examples of the duties of the position. Upon an offer and acceptance of employment, a more complete job description will be provided to the applicant.)

RECEPTIONIST- Answering the telephone, greeting members and their guests, detail work, taking care of the front desk.

SALES- Showing guests the fitness facility, selling memberships.

JANITORIAL / MAINTENANCE

PERSONAL TRAINERS - Instruct clients based on a goal specific program tailored to an individual's needs & abilities.

Have you ever been convicted of a felony? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

Have you ever been discharged or requested to resign from a position? \_\_\_\_\_ YES \_\_\_\_\_ NO  
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

Rate of pay desired? \_\_\_\_\_ How did you hear about Cardinal Fitness? \_\_\_\_\_

Have you ever been employed by Cardinal Fitness? \_\_\_\_\_ YES \_\_\_\_\_ NO  
If so, which location \_\_\_\_\_

Have you ever been employed in the Fitness Industry? \_\_\_\_\_ YES \_\_\_\_\_ NO

What are your strong points? \_\_\_\_\_

What are your weaknesses? \_\_\_\_\_

Why have you chosen the Fitness Industry? \_\_\_\_\_

Can you work: \_\_\_\_\_ Days? \_\_\_\_\_ Evenings? \_\_\_\_\_ Weekends? \_\_\_\_\_ Holidays?

Do you seek to work: \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time

**EDUCATION**

Education completed (please circle year)	1	2	3	4	5	6	7	8	9	10	11	12	College	1	2	3	4	5
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**PERSONAL REFERENCES:** List three business or employment references who are not related to you and have not been your supervisor. If this does not apply, you may list personal or school references who are not related to you.

NAME	TELEPHONE	YEARS ACQUAINTED
	( )	
	( )	
	( )	

**EMPLOYERS:** List your last 4 employers, assignments, or volunteer activities starting with the most recent.

COMPANY NAME	ADDRESS/CITY/STATE		TELEPHONE ( )
SUPERVISOR'S NAME	PAY RATE	DATES WORKED	POSITION HELD
REASON FOR LEAVING			

COMPANY NAME	ADDRESS/CITY/STATE		TELEPHONE ( )
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REASON FOR LEAVING			

I hereby certify that the information contained in this application form is true and correct to the best of my knowledge and agree to have any of the statements checked by Cardinal Fitness unless I have indicated to the contrary. I authorize the references listed above to provide Cardinal Fitness any and all information concerning my previous employment and any pertinent information that they may have. Further, I release all parties and persons from any and all liability for any damages that may result from furnishing such information to Cardinal Fitness as well as from the use or disclosure of such information by Cardinal Fitness or any other of its agents, employees, or representatives. I understand that any misrepresentation, falsification, or material omission of information on this application may result in my failure to receive an offer or, if hired, in my dismissal from employment, regardless of the time elapsed before discovery.

I understand that employment by Cardinal Fitness is conditional upon execution of an Employment Agreement and final approval from ownership. I further understand that nothing contained in this application or conveyed during any interview which may be granted is intended to create an employment agreement between myself and Cardinal Fitness. If hired, I further understand that just as I am free to resign at any time, Cardinal Fitness reserves the right to terminate my employment at any time, with or without cause and with or without prior notice. I also understand that no representative of Cardinal Fitness has the authority to enter into any agreement or to make any assurances contrary to the foregoing.

Cardinal Fitness is an Equal Opportunity Employer. Cardinal Fitness does not discriminate in employment and no question on this application is used for the purpose of restricting or overlooking any applicant's consideration for employment on a basis prohibited by local, state, or federal law.

**Signature of Applicant** \_\_\_\_\_ **Date** \_\_\_\_\_